

# IS THIS EMAIL SAFE?

Not sure whether an email is suspicious, spam, or a phishing attempt? Here's a quick guide.

**Note:** If you entered personal information on a phishing website after opening a malicious email, immediately reset your CIS password and call your designated central IT help desk to open a ticket with the Information Security Office: Main campus (801-581-4000, option 1) or University of Utah Health (801-587-6000).

**See our Knowledge Base for more information:** <http://bit.ly/KB-suspicious-messages>.

